

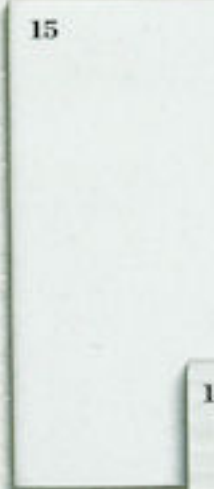
# Wood and white

*This month's pick of great colours, textures, patterns and paints that work well together. Showing that anything can be the catalyst for a great interior scheme... it's where inspiration meets practicality*

Words MICHELLE OGUNDEHIN

## THE INSPIRATION

A palette inspired by basset hounds! Well, wood and white, really, but we maintain the parallel. The point is the solidity of wood offset by the brightness of white. Think hard meets soft; dark against light; or stubbornness and sweetness. An unbeatable combination.





## 2 THE PALETTE

1 'Visa' vinyl wallpaper, £112 per 10m roll, Abbott & Boyd ([abbottandboyd.co.uk](http://abbottandboyd.co.uk))

2 'Grasscloth 1' jute wallcovering, £180 per 7.3m roll, Donghia ([donghia.com](http://donghia.com))

3 'Ryedale' paper weave wallcovering, £282 per 7.3 m roll, Ralph Lauren Home ([ralphlaurenhome.com](http://ralphlaurenhome.com))

4 'Wong Moro' cotton-mix fabric, £160 per m (140cm W), Rubelli ([rubelli.com](http://rubelli.com))

5 'Paperstone' recycled paper and resin surface material, £100 per sq m, Hanson Plywood ([hanson-plywood.co.uk](http://hanson-plywood.co.uk))

6 'Gothic Light' Ukrainian oak flooring, from £78 per sq m, Türگون ([turgon.co.uk](http://turgon.co.uk))

7 'Morado' oiled natural timber, from £107 per sq m, Solid Floor ([solidfloor.co.uk](http://solidfloor.co.uk))

8 'Arietta' polyester-mix fabric, £40 per m (145cm W), Designers Guild ([designersguild.com](http://designersguild.com))

9 'Cashmere Calf' calfskin, £17 per sq ft, Edelman Leather ([edelmanleather.com](http://edelmanleather.com))

10 'Dune' linen fabric, £132 per m (140cm W), De Le Cuona ([delecuona.co.uk](http://delecuona.co.uk))

11 'SM90' glass tiles, £190 per sq m, Bisazza ([bisazza.com](http://bisazza.com))

12 'Roble' oak wood flooring, £91.25 per sq m, Porcelanosa ([porcelanosa.co.uk](http://porcelanosa.co.uk))

13 'Lunar White' engineered oak flooring, £192 per sq m including fitting, Walking On Wood ([walkingonwood.com](http://walkingonwood.com))

14 'Madreperla Bianco' porcelain tile, from £98 per sq m, Iris Ceramica ([irisceramica.com](http://irisceramica.com))

15 'Polar White Bevel' glazed ceramic tile, approx £27 per sq m, Johnson Tiles ([johnson-tiles.com](http://johnson-tiles.com))

16 'Kaos' porcelain stoneware tile by Luca Nicetto, from £130 per sq m, Refin ([refin.it](http://refin.it))

## 3 THE PAINTS

White to wood, or light to dark, makes for a contained yet very contemporary palette.



'Milk White' non-drip gloss paint, £9.98 for 750ml, Crown ([crownpaint.co.uk](http://crownpaint.co.uk))



'All White' emulsion paint, £29.50 for 2.5 litres, Farrow & Ball ([farrow-ball.com](http://farrow-ball.com))



'Architect's White' matt emulsion, £30 for 2.5 litres, Zoffany ([zoffany.com](http://zoffany.com))



'Gentle Fawn' matt emulsion, £18.99 for 2.5 litres, Dulux ([dulux.co.uk](http://dulux.co.uk))



'Cocoa' matt emulsion, £14 for 2.5 litres, Next ([next.co.uk](http://next.co.uk))



'London Brown' emulsion, £25 for 2.5 litres, Pots of Paint ([potsofpaint.com](http://potsofpaint.com))



'Church Oak' protective woodsheen varnish/stain, £13.99 for 750ml, Dulux ([dulux.co.uk](http://dulux.co.uk))



'Mahogany' emulsion, £29.50 for 2.5 litres, Farrow & Ball ([farrow-ball.com](http://farrow-ball.com)) ▶



**FASHION FORWARD**

Inject a little vintage couture into your bedroom with 'Alice' (left), the latest design to be transformed into bed linen from the archive of ready-to-wear 1940s and 50s floral frocks by iconic British label Horrockses. From £12 for a pillowcase, Fenwicks and House of Fraser (0161 276 9052; horrocksesfashions.co.uk).



**AHEAD OF THE CURVE**

Luxury fabric house De Le Cuona has introduced a new way to use its dreamy linens, velvets and wools with a foray into custom-upholstered headboards. You can tailor your chosen fabric to one of four headboard designs, from plain to quilted, buttoned and studded. The 'Grace' winter linen collection may be enough to tempt you into matching curtains, too.

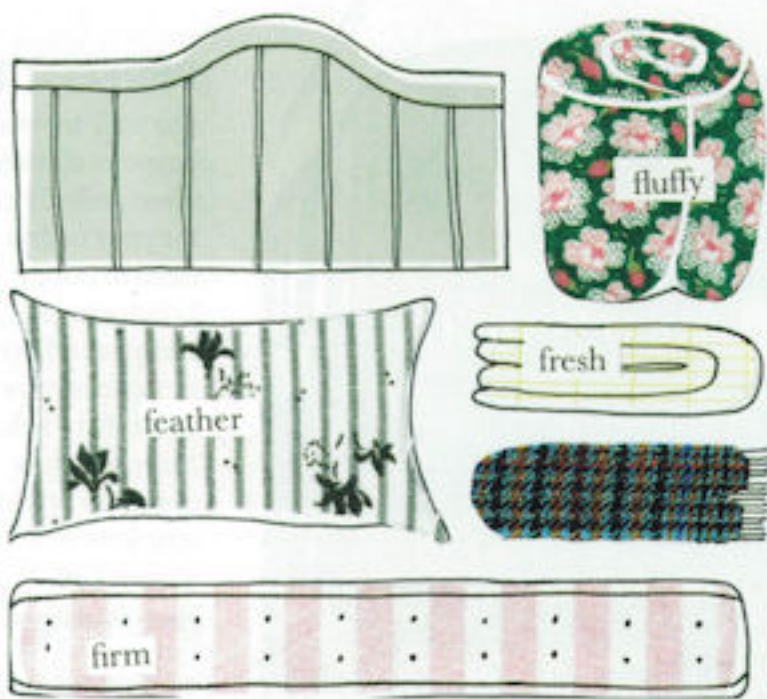
Headboard, from £492 plus fabric; 'Florence' linen fabric from the 'Grace' collection, £91.20 per m, both De Le Cuona (delecuona.co.uk)



**Do it now!** Accessorise your bedroom with these cute checked Shetland wool doorstops filled with washed sand. £29 each (peacockbluehome.co.uk).

**PILLOW TALK**

Our pick of online hints, tips, buying guides and advice to help you get the perfect night's sleep



**The Sleep Room** With the new online 'Build-a-Bed' service, you can design your dream crash pad from a range of five bases, seven headboards and various fabric options in three simple clicks. Every possible combination has been photographed so you can see exactly how your bed will look before you buy. Easy peasy! (thesleeproom.com).

**Volga Linen** With much of our lives spent in bed, it's worth splashing out on some natural linen bedding to really get the most out of your sleep experience. But how do you keep your linen fresh so that it stands the test of time? Volga Linen dispels the washing and ironing myths with its useful step-by-step guide (volgalinen.co.uk).

**Feather & Black** Pocket sprung, open coil or memory foam? Mattress shopping can be a minefield. Feather & Black gives the insider's guide, including tips on how to protect your mattress and when to change it. But if you'd rather try for yourself, you could pick the experts' brains while you test out the beds at your local store (featherandblack.com).

**Vi Spring** Ever wanted to know the truth about beauty sleep, why women sleep better than men, what causes snoring or how to create an environment that's conducive to a good night's slumber? Then make sure you follow the regularly updated online advice of Dr Neil Stanley, Vi-Spring's resident sleep expert (vispring.co.uk/sleep).